





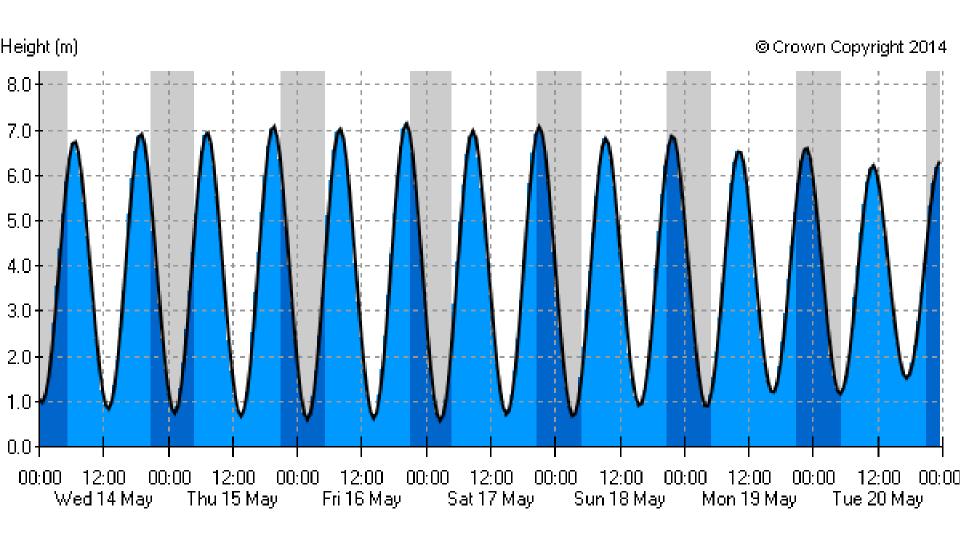


# Tides: The vertical rise and fall of the sea about a mean level

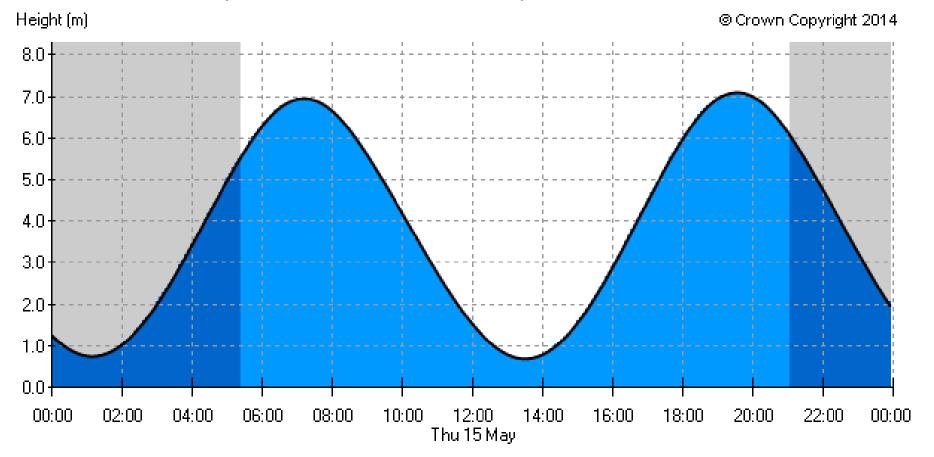
#### What type of tides are we currently experiencing?



#### This Week's Tidal Prediction Graphs for Milford Haven



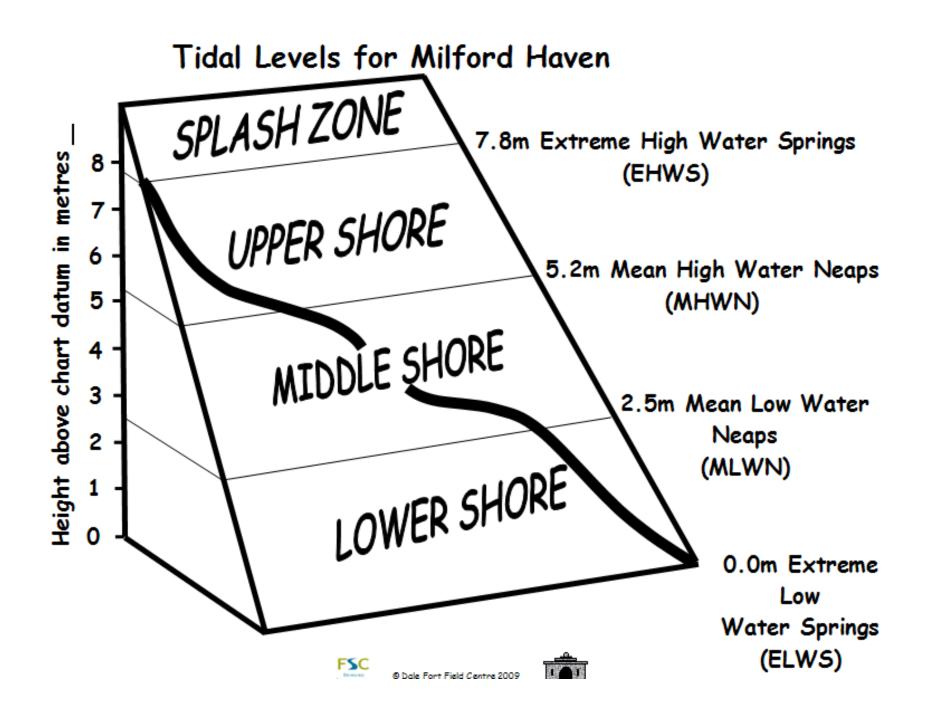
#### Today's Tidal Prediction Graphs for Milford Haven



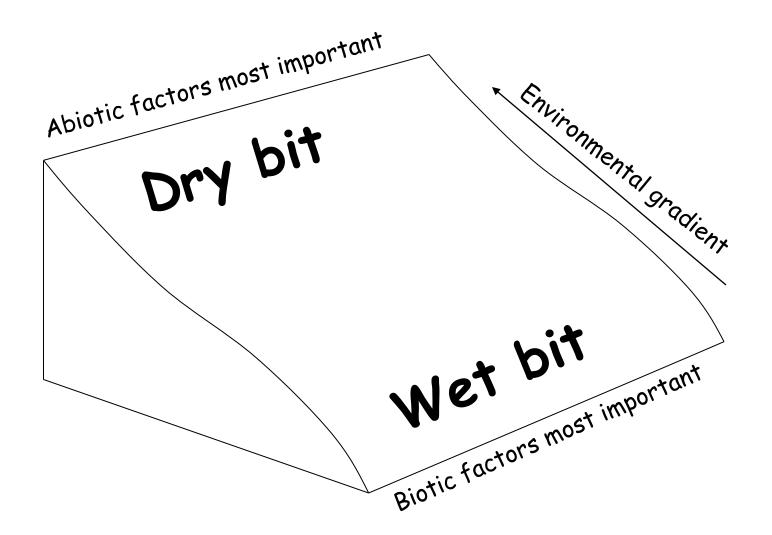
Note: the date shown underneath 12:00 on any given day is applicable to the previous and next periods of 12 hours

Thu 15 May					
LW	HW	LW	HW		
01:08	07:12	13:29	19:33		
0.7 m	6.9 m	0.7 m	7.1 m		

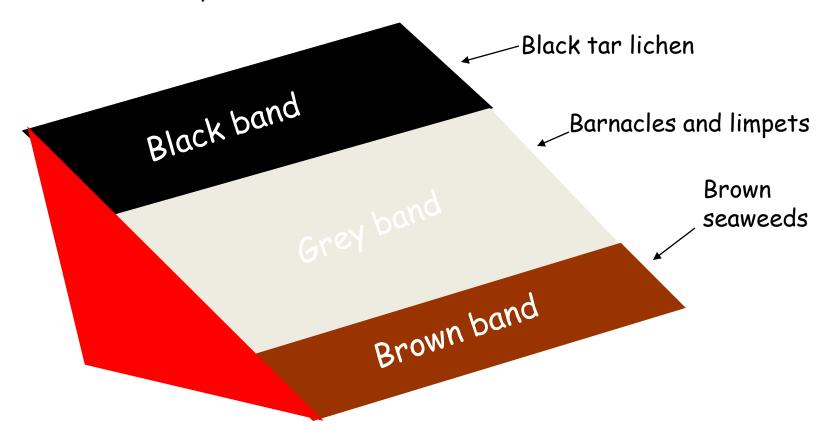
http://easytide.ukho.gov.uk



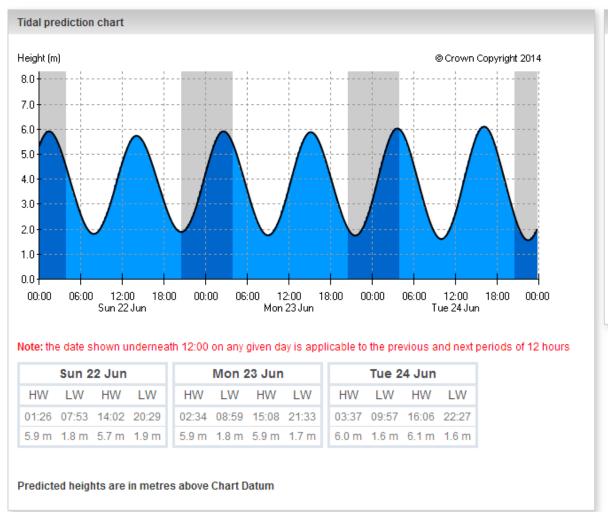
This has profound effects on the creatures that live on the shore

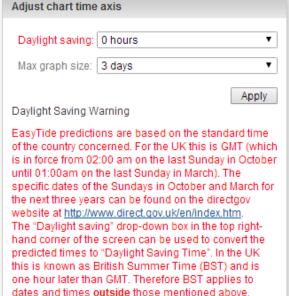


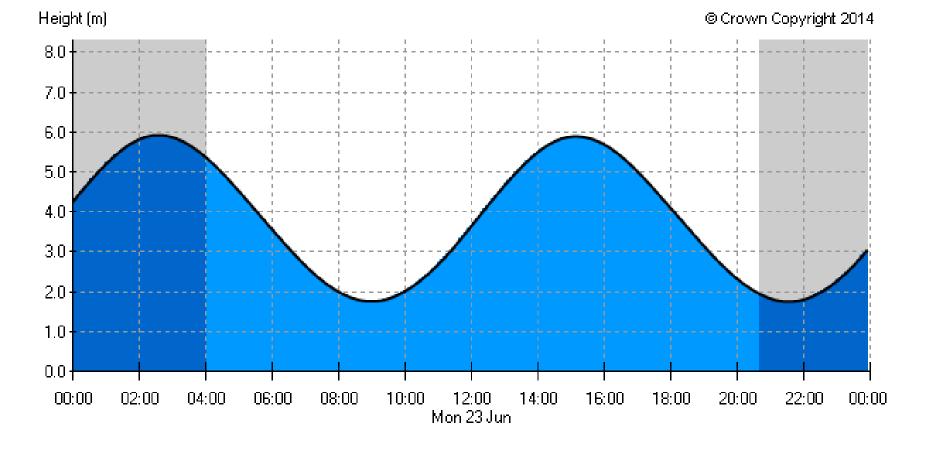
Thus, from a distance shores look stripy. There are horizontal bands where certain species are most apparent to us. These bands are called zones and the phenomenon is known as zonation



### http://easytide.ukho.gov.uk







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Mon 23 Jun				
HW	LW	HW	LW	
02:34	08:59	15:08	21:33	
5.9 m	1.8 m	5.9 m	1.7 m	

## Monday 23<sup>rd</sup> June Tides at Dale Fort

#### Taken from easytide:

9:42am: 1.86m

10:12am: 1.80m

10:42am: 1.92m

11:12am: 2.26m